

## **Malar Augmentation & Genioplasty (cheek & chin implant) Information Sheet**

### **PROCEDURE**

Solid silicone facial implants are available in a variety of different profiles and sizes to increase fullness and projection of the cheeks or chin. These surgeries may be performed under a monitored or general anesthetic. Small incisions are usually made inside the mouth and a “pocket” or space for the implant is created next to the bone. The implants are placed in the pocket and the surrounding soft tissue is sutured closed.

#### **Malar Implants (cheek augmentation)**

Cheek augmentation surgery is designed to restore and lift the cheekbones, balancing facial features and restoring a youthful appearance. This is achieved by increasing the projection of cheekbones and adding volume. Patients requesting malar implants may wish to change the shape or size of their cheeks and give the face a more proportional and balanced appearance.

#### **Genioplasty (chin augmentation)**

Genioplasty is a cosmetic procedure performed to enhance the chin using an implant. This surgery can be done in combination with nasal surgery in order to achieve balance in proportion, as the size of the chin can magnify or minimize the apparent size of the nose. Chin surgery helps to provide or restore anatomical balance of your facial profile.

### **PRE-OPERATIVE**

Prior to booking surgery, you will need to decide who your support person will be. It is important that they are aware of the type of surgery you are having, that they are not “squeamish”, and that they are available solely to you during your immediate recovery period (they should not have any other commitments). At the minimum, you cannot be left alone for the first 24 hours after surgery. If taking pain medication and/or if you are experiencing significant swelling, you will be unable to drive.

After you have paid a deposit and a surgical date has been confirmed, you will receive more specific information and a review of what you are required to complete before surgery. Once you have booked your date, please ensure you have the following supplies on hand:

- Mouthwash (diluted 1:1 with water)
- Stool softener (i.e. Colace or Senokot), as pain medication may cause constipation
- Tylenol Extra Strength
- Ibuprofen 400 mg

### **DAY OF SURGERY**

These procedures are done under a general anesthetic so you will be advised to fast after midnight the night prior. You must be discharged from the clinic with a responsible adult (preferably the person who will be helping care for you after surgery). A prescription for pain and other medications will be provided if needed. Arrival time for surgery will not be provided to you until about 1-2 weeks prior, so it is important that both you and your support person do not have any other responsibilities that day.

## POST-OPERATIVE & LONG-TERM FOLLOW-UP

You may experience localized numbness, swelling, bruising, and/or discomfort. You will be asked to rest with your head elevated and ice packs or cold compresses may also be used to minimize swelling. External localized taping or dressings may also be used to help position the facial implants. Specific care and guidelines will be reviewed by our nursing staff prior to discharge.

Although the sutures used inside the mouth will be dissolving, our nurse will still want to see you in the office to assess how they are doing at **5–10 days** post-operatively. You are cautioned to avoid strenuous activity and rough contact in or near the area of the implant for 4–6 weeks post-operatively.

Though rare, post-operative complications from any procedure are possible. These can include infection, bleeding (hematoma), altered sensation (numbness, tingling, or hypersensitivity), or malposition of the implant. Our health care team follows you closely to recognize and treat any complications, should they arise.

As with any surgery, results cannot be guaranteed. The goal of cosmetic plastic surgery is improvement, and perfection is not attainable. Final results depend on many factors and healing can vary from patient to patient. It is important to remember to have patience during convalescence to allow your body time to recuperate and settle.

Dr. Robinson will see you in follow up approximately 3 months post-op and again at 1 year to assess your results and take your post-operative photographs. If revisions are required, they would be discussed, and a surgical plan set up at this time.

### Call us at (250) 590-7097 if you have:

- Significant bleeding from the surgical site
- A fever over 100.4° F (38 C) within the first three days following the procedure
- Significant pain and swelling in the area that is not relieved with pain relievers
- Foul-smelling drainage from the site or increasing redness around the surgical site

In the event of an after-hours **EMERGENCY**, please call Dr. Robinson directly at the number provided by our office assistant.