

Dr. Jennifer Robinson

Plastic Surgeon

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SKIN LESION POSTOPERATIVE INSTRUCTIONS

IMPORTANT!

If any of the following occur please notify Dr. Robinson:

- Fever and chills
- Increasing pain rather than decreasing pain
- Redness extending around the wound
- Excessive bleeding

An appointment for dressing removal or postoperative visit should be scheduled for 5 to 7 days postoperatively.

Please arrange this by calling Dr. Robinson's office

250-590-7097

Follow specific instructions below as marked:

Minor Surgery

- Please check with your family doctor in 2 weeks if you have not been called about your pathology report
- Some bleeding is to be expected and can be stopped with pressure on the area with a gauze for 10-15 minutes
- You can cover the incision with a band-aid but this is not necessary
- Keep the area elevated for the first 48 hours
- the scar may be red and tender for 6 weeks or more
- Start to massage the scar 2 weeks after removal of stitches to help flatten it out
- Use SPF 30 or greater sunscreen or avoid sun on the scar for the next 6 months
- IF you have a cellophane-like dressing applied, you may shower with it in place--keep it on for 3 days, then remove

Removable Sutures

- You may shower starting 24 hours after surgery--gently wash uncovered incisions with soap and water daily, applying a thin film of polysporin ointment (not cream) daily until sutures are removed
- Ointment should be applied 3 times daily IF the incision is on the face

Dissolving Sutures

- your sutures will NOT need to be removed
- IF tapes (Steri-Strips) are applied, they will fall off when the time is appropriate, in about 2 weeks
- There is no need to apply ointment to your incision