

CARPAL TUNNEL RELEASE PREOPERATIVE INSTRUCTIONS

IMPORTANT!

If any of the following occur please notify Dr. Robinson:

- Fever and chills
- Increasing pain rather than decreasing pain
- Redness extending around the wound
- Excessive bleeding

An appointment for suture removal should be scheduled for 2 weeks postoperatively with Dr. Robinson's nurse.

- You are scheduled for a local anaesthetic, therefore fasting is not required.
- Scrub your hands with soap and water the morning of the surgery.
- Please take 1000mg Tylenol (2 extra strength) and 400mg Ibuprofen 1 hour prior to your surgery time (If you have kidney problems do NOT take Ibuprofen)
- Please do not wear any lotions or perfumes
- If taking blood thinners, please notify Dr. Robinson's office immediately.