

Dr. Jennifer Robinson
Plastic Surgeon

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SKIN LESION POSTOPERATIVE INSTRUCTIONS

Follow specific instructions below as marked:

IMPORTANT

If any of the following occur please notify Dr. Robinson:

- Fever and chills
- Increasing pain rather than decreasing pain
- Redness extending around the wound
- Excessive bleeding

An appointment for dressing removal or postoperative visit should be scheduled for 5 -7 days postoperatively.



Minor Surgery

- Please check with your family doctor in 3 weeks if you have not been called about your pathology report
- Some bleeding is to be expected and can be stopped with pressure on the area with a gauze for 10-15 minutes
- You can cover the incision with a band-aid but this is not necessary
- Keep the area elevated for the first 48 hours
- The scar may be red and tender for 6 weeks or more
- Start to massage the scar 2 weeks after removal of stitches to help flatten it out
- Use SPF 30 or greater sunscreen or avoid sun on the scar for the next 6 months
- If you have a cellophane-like dressing applied, you may shower with it in place-keep it on for 3 days, then remove.



Removable Sutures

- You may shower starting 24 hours after surgery—gently wash uncovered incisions with soap and water daily, applying a thin film of polysporin ointment (not cream) daily until sutures are removed.
- Ointment should be applied 3 times daily IF the incision is on the face.



Dissolving Sutures

- Your sutures will NOT need to be removed
- If tapes (Steri-Strips) are applied, they will fall off naturally up to 2 to 3 weeks.
- There is no need to apply ointment to your incision.

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