

Dr. Jennifer Robinson
Plastic Surgeon

www.drjenniferrobinson.com

203 – 1121 Yates Street
Victoria, BC V8V 3N1

P. 250-590-7097

F. 250-590-7058

CARPAL TUNNEL RELEASE PREOPERATIVE INSTRUCTIONS

IMPORTANT!

If any of the following occur please notify Dr. Robinson:

- Fever and chills
- Increasing pain rather than decreasing pain
- Redness extending around the wound
- Excessive bleeding

An appointment for suture removal should be scheduled for 2 weeks postoperatively with Dr. Robinson's nurse.

Patient Name _____

- You are scheduled for a local anaesthetic, therefore fasting is not required.
- Scrub your hands with soap and water the morning of the surgery.
- Please take 1000mg Tylenol (2 extra strength) and 400mg Ibuprofen 1 hour prior to your surgery time (If you have kidney problems do NOT take Ibuprofen)
- Please do not wear any lotions or perfumes
- If taking blood thinners, please notify Dr. Robinson's office immediately.

SURGERY DETAILS

DATE:

CHECK IN TIME:

LOCATION:

IN CASE OF EMERGENCY, THIS SURGERY DATE MAY BE SUBJECT TO POSTPONEMENT

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